

ALEXANDER ARKIN BERGER, MD, MPH, FACOG

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FACULTY POSITIONS

University of California San Francisco, San Francisco, CA
Assistant Professor, Co-Lead Urogynecology

EDUCATION

University of California San Diego/Kaiser-San Diego, San Diego, CA
Female Pelvic Medicine and Reconstructive Surgery Fellowship,

University of California San Diego, San Diego, Ca
Clinical Research Enhancement Supplemental Training

Thomas Jefferson University Hospital, Philadelphia, PA
Obstetrics and Gynecology Residency

University of North Carolina School of Medicine, Chapel Hill, NC
M.D

University of North Carolina Gillings School of Global Health, Chapel Hill, NC
M.P.H. Health Care and Prevention

University of North Carolina at Chapel Hill, Chapel Hill, NC
B.A. with Distinction in Psychology

HONORS & AWARDS

University of California San Diego Fellow Research Award, 2020
Awarded to the UCSD fellow with the best fellow research project and presentation at the annual research day.

American Journal of Obstetrics & Gynecology, Peer Reviewer, 2020-Present

Obstetrics & Gynecology, Peer Reviewer, 2019-Present
Recognized as being in the top 10% of reviewers based on quality and timeliness of reviews.

Female Pelvic Medicine and Reconstructive Surgery, Peer Reviewer, 2018-Present

International Urogynecology Journal, Peer Reviewer, 2018-Present

Society of Gynecologic Surgery (SGS) Fellow Scholar Award, 2018
Recognized for excellence and achievement in gynecologic surgery.

Thomas Jefferson University Hospital, Leon Peris Award for Excellence in Patient Care and Documentation, 2017

Awarded to the resident who demonstrated excellence in patient care through documentation.

Thomas Jefferson University Hospital, Department of OBGYN Excellence in Scholarship Award, 2017

Awarded to the graduating resident with the highest cumulative score over the four years of residency on the in-service CREOG exam.

Thomas Jefferson University Hospital, Department of OBGYN CREOG Award, 2016

Awarded to residents who performed in the top 10% of the CREOG exam compared to residents nationwide.

American Urogynecologic Society (AUGS) Award for Excellence in Female Pelvic Medicine and Reconstructive Surgery, 2016

Awarded to the resident who demonstrates a commitment to the care of women with pelvic floor disorders and to incorporating quality of life improvement into his or her clinical care of patients.

American Urogynecologic Society (AUGS) Resident Scholar Program Award, 2015

Awarded as one of six, third-year Ob/Gyn or fourth-year Urology residents. Selected based on performance in residency training program as well as demonstrated interest in Female Pelvic Medicine and Reconstructive Surgery. This award funded the resident to attend the Annual AUGS meeting along with including participation in the FPMRS Research day.

American Congress of Obstetricians and Gynecologists Resident Reporter, 2015

Awarded to two outstanding residents from each ACOG district to attend the Resident Reporter program at the annual meeting of the American Congress of Obstetricians and Gynecologists.

Thomas Jefferson University Hospital, Department of OBGYN Apple Teaching Award, 2013, 2014, 2015, 2016

Awarded to residents who demonstrate superior teaching ability as nominated by TJU medical students.

UNC School of Medicine International Fellowship, 2012

Awarded to conduct peri-partum women's health research with the Women and Children's Health Research Unit at the Gertner Institute for Epidemiology and Health Policy in Tel Aviv Israel.

UNC Graduate and Professional Society Travel Award, 2012

Awarded to support UNC graduate and professional students who are invited to present research at scientific meetings and to recognize outstanding student achievement in research.

UNC School of Medicine Ezzard Jones Scholarship, 2012-2013

Scholarship awarded to the UNC SOM student who demonstrated academic merit, leadership qualities, and dedication to service. The recipient of this award demonstrated impressive academic and extracurricular achievements.

UNC School of Medicine Wilder Medical Scholarship, 2012-2013

Scholarship awarded to the UNC SOM student who demonstrated outstanding academic achievement, strong curiosity, leadership qualities and commitment to service.

American Congress of Obstetricians and Gynecologists John Gibbons Medical Student Award, 2012

Awarded to the North Carolina medical student who best demonstrated commitment to a career in Obstetrics and Gynecology. This award funded the student to attend the National ACOG Annual Clinical Meeting as an ACOG medical student member.

UNC Graduate Teaching Assistant Chancellor's Award, 2012

Awarded to an exemplary graduate teaching assistant based on demonstrated and consistent excellence in teaching, creation of a dynamic intellectual environment, respect for intellectual diversity and success in positively affecting a broad spectrum of students both in and outside the classroom.

UNC School of Medicine Alumni Association Loyalty Fund Sarah Ellen and Joseph P. Archie Jr. Scholarship, 2009-2011

Full tuition scholarship awarded to the UNC SOM student who demonstrated outstanding leadership and service to the community.

UNC School of Medicine John B. Graham Research Society Travel Award, 2011

Awarded to support UNC medical students who are invited to present research at scientific meetings and to recognize outstanding student achievement in medical research. Consideration for awards is based on the quality of original work.

UNC School of Medicine Alumni Association Excellence Scholarship, 2008-2009

Full tuition scholarship awarded to a UNC SOM incoming student with academic merit who hold a promising future as a successful physician.

UNC Cornelius O. Cathey Chancellor's Award, 2008

Awarded to the UNC student who has had the greatest contributions to the quality of campus life.

MEMBERSHIPS/LICENSURE/CERTIFICATION

California Medical License, 2017-Present

Female Pelvic Med. and Recon. Surgery (Urogynecology)-Board Eligible, 2020-Present

American Board of Obstetrics and Gynecology-OBGYN Board Certified, 2019-Present

International Urogynecological Association (IUGA), 2018-Present

American Association of Gynecologic Laparoscopists (AAGL), 2018-Present

Society of Gynecologic Surgery (SGS), 2018-Present

American Urogynecologic Society (AUGS), 2015-Present

American Congress of Obstetrics and Gynecology (ACOG), 2012-Present

UNC School of Medicine John B. Graham Research Society, 2010 - present

Inducted as a member of the society for outstanding student achievement in the area of medical research.

Phi Beta Kappa, 2007-Present

Inducted as Selective Junior

University of North Carolina Honors Program, 2004-2008

ACTIVITIES

Community Service

ACOG Mentorship Program, Mentor, 2017-Present

Mentor medical students and OBGYN residents from around the country. Provide education, knowledge, and advice to help mentees achieve their goals and become leaders in women's health.

Medicine in Action, International Surgical Volunteer, 2016-Present

Helps lead medical missions providing office and surgical care for women with pelvic floor disorders in rural Jamaica.

JeffHOPE Community Clinic Physician Preceptor, 2013-2017

Provide medical care to patients at free student-run clinic for inner city Philadelphians. Lead an interdisciplinary team of providers at a Women's and Children's shelter. Precept and instruct medical students on clinical skills and reasoning.

UNC Spanish-Speakers Assisting Latinos Student Association, 2010-2013

Evaluated patients and served as a Spanish translator at free student-run clinic and health screenings for Chapel Hill, NC community. Precepted 2nd year medical students.

UNC Comprehensive Advanced Medical Program of Spanish (CAMPOS), 2008-2013

Selected to this multifaceted enrichment program. Volunteered and rotated in clinics with Spanish-speaking populations and participated in a weekly conversation and grammar course to become a linguistically and culturally competent physician caring for needs of Latino patients.

Leadership

American Urogynecologic Society (AUGS) UrogynCREST Program Scholar, 2020-Present

Serve as a scholar in this NIH/NICHHD-funded AUGS/DUKE Urogynecology Clinical Research Educational Scientist Training (UrogynCREST) program. The program offers junior faculty with a passion for research the chance to increase their knowledge of data science and analytics as well as develop a project that can be the basis of future research grants. This program provides in-depth hands-on instruction for promising young physician-researchers in the field of pelvic floor disorders through a combination of online course work in data sciences and one-on-one instruction to design and complete an innovative research project.

AUGS-SGS Fellows Pelvic Research Network Chair AUGS Faculty Advisor, 2020-Present
Serve as the AUGS faculty advisor of this fellow led network of the AUGS and SGS. Supervise and mentor fellow leaders in multicentered research trials. Guide the fellows through their career development into accomplished researchers and leaders in the field of Urogynecology.

American Urogynecologic Society (AUGS) Scientific Committee Member, 2020-Present
Serves AUGS through leadership activities promoting the scientific advancement of evidence-based medicine for pelvic floor disorders. Collaborate and oversee the funding of research initiatives to support cutting edge research. Review and disseminate scientific guidance to the AUGS community on the care for women with pelvic floor disorders.

AUGS-SGS-SUFU FPMRS Fellows Webinar Series Moderator, 2020-Present
Helps coordinate and lead this educational series to engage fellows with supplemental learning during the COVID-19 crisis.

AUGS-SGS Fellows Pelvic Research Network Steering Committee Chair, 2018-2020
Leads this network of the AUGS and SGS. Provides guidance and encourages collaboration among fellows in this network of multicentered research trials. Manages a competitive grant process and assists principal investigators in becoming accomplished researchers and leaders in the field of Urogynecology.

American Urogynecologic Society (AUGS) Quality Committee Member, 2017-2018
Serves AUGS through leadership activities promoting quality initiatives and education among AUGS membership. Advises governmental organizations including CMS on quality indicators. Led initiative to advocate for universal cystoscopy as part of the CMS Quality Performance Program (QPP).

Whitehead Student Government, Vice President for Student Affairs, 2008-2010
Represented and coordinated activities, funding, and programming for the UNC SOM student body and student groups.

Teaching

University of California, San Francisco, School of Medicine, Assistant Professor, Co-Lead in Urogynecology, 2020-Present
Lead UCSF education of fellows, residents, and medical students in female pelvic medicine and reconstructive surgery through didactic, in office, and operating room instruction.

University of California, San Diego, School of Medicine, Clinical Instructor, 2017-2020
Educate residents and medical students on surgical skills and clinical reasoning through precepting surgeries and office visits as well as didactic lectures and workshops.

UNC Graduate Anatomy Instructor, 2011-2013
Instructed medical students in medical school anatomy, along with undergraduate and graduate students in introductory anatomy in the Department of Biology. Developed and presented lectures and led two sections of lab of this interactive systems-based anatomy course each semester.

UNC Student Health Action Coalition Community Clinic, 2010-2013

Evaluated patients at free student-run clinic for Chapel Hill-Carrboro community. Precepted and instructed second-year medical students.